



ByWay Foods Fresh-Cut Produce List

As of October 26, 2023

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All of our produce is GAP (Good Agricultural Practices) certified.
Byway Foods is a venture of Working Landscapes, a nonprofit rural development organization.



SWEET POTATOES

CASE SIZE: 25LB (5 X 5LB)

	Orange	Purple	Roasting Mix 3/4 Orange, 1/4 Purple	Case Yield 1/2 Cup Servings
Diced peel-on, washed	✓	✓	✓	125 COOKED
Crinkle-cut fry shape peel-on, washed	✓	✓	✓	125 COOKED
Thin sliced peel-on	✓	✓	✓	125 COOKED

Local Orange Sweet Potato Availability: Jan ✓ Feb ✓ Mar ✓ Apr ✓ May ✓ Jun ✓ Jul ✓ Aug ✓ Sep ✓ Oct ✓ Nov ✓ Dec ✓

Local Purple Sweet Potato Availability: Jan ✓ Feb ✓ Mar ✓ Apr ✓ May ✓ Jun ✓ Jul ✓ Aug ✓ Sep ✓ Oct ✓ Nov ✓ Dec ✓



CABBAGE

CASE SIZE: 18LB (6 X 3LB)

	Green	Red	Mix	Case Yield 1/2 Cup Servings
Large Dice washed	✓			72 COOKED
Shredded washed	✓	✓	✓	180 RAW
Finely Chopped washed	✓	✓	✓	180 RAW

Local Cabbage Availability: Jan ✓ Feb ✓ Mar ✓ Apr ✓ May ✓ Jun ✓ Jul ✓ Aug ✓ Sep ✓ Oct ✓ Nov ✓ Dec ✓



GREENS

COLLARDS CASE SIZE: 12LB (6 X 2LB) | KALE CASE SIZE: 8LB (8 X 1LB)

	Ribbon Cut washed	Case Yield 1/2 Cup Servings
Collards	✓	48 COOKED
Kale	✓	144 RAW 30 COOKED

Local Collards Availability:

Jan ✓ Feb ✓ Mar ✓ Apr ✓ May ✓ Jun ✓ Jul Aug Sep ✓ Oct ✓ Nov ✓ Dec ✓

Local Kale Availability:

Jan ✓ Feb ✓ Mar ✓ Apr ✓ May ✓ Jun ✓ Jul Aug Sep ✓ Oct ✓ Nov ✓ Dec ✓



SQUASH / ZUCCHINI

CASE SIZE: 30LB (6 X 5LB)

	Yellow Squash	Zucchini	50/50 Mix	Case Yield 1/2 Cup Servings
Sliced Rounds 1/8", washed	✓	✓	✓	160 RAW 96 COOKED

Local Squash/Zucchini Availability:

Jan Feb Mar Apr May Jun ✓ Jul ✓ Aug ✓ Sep ✓ Oct Nov Dec



BELL PEPPERS

CASE SIZE: 12LB (4 X 3LB)

	Green	Red	Mix	Case Yield 1/2 Cup Servings
Julienne Cut washed	✓	✓	✓	77 RAW 61 COOKED

Local Bell Pepper Availability:

Jan Feb Mar Apr May Jun ✓ Jul ✓ Aug ✓ Sep ✓ Oct Nov Dec



YELLOW ONIONS

CASE SIZE: 20LB (4 X 5LB)

	Yellow Onions	Case Yield 1/2 Cup Servings
Small Dice washed	✓	TBD

Local Yellow Onion Availability:

Jan Feb Mar Apr May Jun ✓ Jul ✓ Aug ✓ Sep ✓ Oct Nov Dec